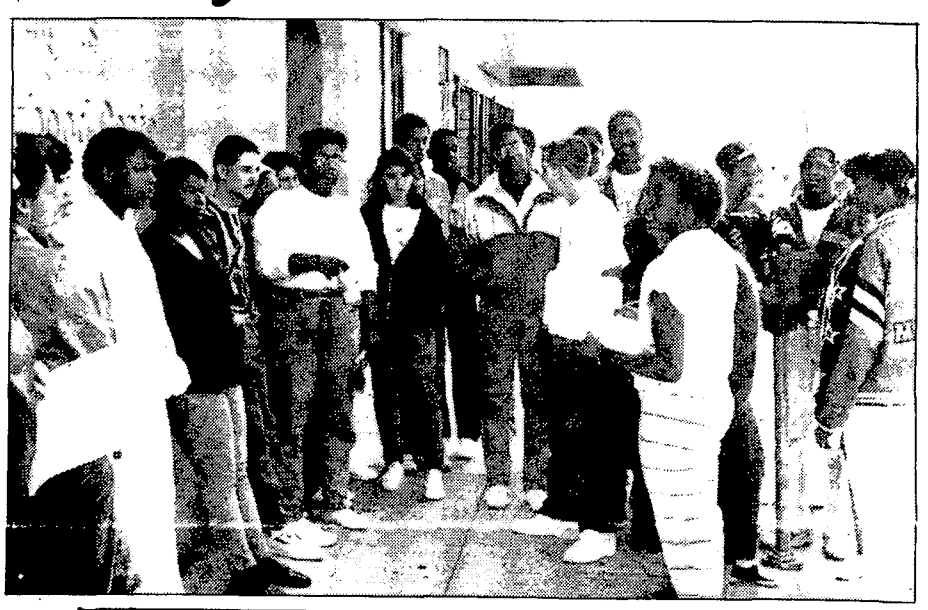
NEW

BERNAL JOURNAL

AUGUST—SEPTEMBER 1988 151 VOLUME 25, NO. 4

"Something for Everyone"

Coleridge Park Homes



Construction Begins

by Tim Molinare

Over 150 Bernal neighbors and supporters applauded the beginning of construction on a project the Bernal Heights Community Foundation (BHCF) has worked long and hard to create: the Coleridge Park Homes. On Friday, June 24, the BHCF joined co-developers BRIDGE Housing, Inc. in a celebration at 3333 Mission Street to kick off the building of 49 units of affordable senior and disabled housing. This was a double great day as Standards Brands Home Decorating Center held Grand Opening ceremonies at the same time.

Mayor Art Agnos spoke of this project having something for everyone: housing, commercial space, union jobs for Bernal residents, and parking for the neighborhood. At the request of the BHCF, Standard Brands focused on hiring Bernal youth—and all but one of the new store's staff is from the hill. As Vice President of the BHCF, I spoke on behalf of Board members and staff. I looked out on the crowd and realized that most of the people present had contributed to making this project a reality. The *thank-you*'s from the podium seemed never-ending, but each person played a crucial role, and the job could not have been done without the cooperation of everyone.

More photos on page three!

Housing development doesn't just *happen.* Especially a joint venture such as this: neighborhood, city government, and private enterprise all joined hands. The BHCF had an eye on the old bowling alley site, but then-Assemblyman Agnos put the community, City

(continued on Page 2)

New Great America employees gather at Neighborhood Center.

Great America hires Bernal youth

by Emma Torres

For thirty Bernal Heights youth, this year's summer fun includes a job at the Great America amusement park in Santa Clara.

Bernal supporter Jeff Kilbreth saw an article in the *Wall Street Journal* which reported that Great America could not find enough local youth for available summer positions. He contacted old friend Buck Bagot, who enlisted the aid of the Bernal Heights Community Foundation to help Great America fill the gap. With the help and support of Great America Personnel Director, Dave Spencer and Director of Recruiting, Anita Wagner, Buck and Jeff arranged for interviews to be conducted at the Bernal Neighborhood Center. Gail Corbitt, the Bernal Journal Youth Project Coordinator, oversaw the process of bringing these jobs to Bernal youth.

Gail helped the youths with their paperwork, coached them before interviews, and even took it upon herself to drive some of the youths down to Great America for additional interviews. Although there were only a few days to get the word out, over eighty youth attended the two meetings held at the BHCF. From this group, thirty candidates were chosen after meeting all of Great America's very high standards. Congratulations!

Great America provided assistance with the transportation for their enthusiastic new employees, and Jeff is working to raise funds to repay the BHCF for two rented vans.

We're counting on our Bernal Youth to keep making this experience a good one, so that Great America will want to come back and hire from Bernal next summer.

(left to right) Standard Brands Board Chairman Stuart Buchalter, Mayor Art Agnos, and Bill Hull of Coleridge Street Neighbors.

Great America management team: Tim Archer, Resale Department Trainer; Lisa Hatfield, Employment Surpervisor; Anita Wagner, Employment Area Manager; Dave Spencer, Personnel Manager; Evelyn Valdez, Employment Imterviewer.

NEW BERNAL JOURNAL

515 Cortland Avenue,
(phone 648-0330)

The New Bernal Journal is an open forum of the community sponsored by the Bernal Heights Community Foundation. It is dedicated to providing the people of Bernal Heights with neighborhood news, ideas, issues, and events. Articles express the views of contributors and not necessarily those of the Community Foundation.

DEADLINE for articles and photos for the October-November issue is:

SEPTEMBER 1

All manuscripts must be typed, double-spaced, or arrangements can be made to enter them directly into the computer. *We reserve the right to edit for clarity or space.*

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***New Bernal Journal* Staff/Volunteers:**
Youth Project Coordinator:: Gail Corbitt
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Advertising: Gail Corbitt
Data Processing: Youth Staff, Emma Torres, Eugenia DiStefano
Artwork: Spain Rodriguez, Youth Staff
Distribution: Diane Ross, Steve Antonaros, and a cast of hundreds!
Photography: Gerald Whitehead, Fred Mertz, Sister Janet Simons (Special thanks to BRIDGE!)
Spanish Translation: Eugenia DiStefano

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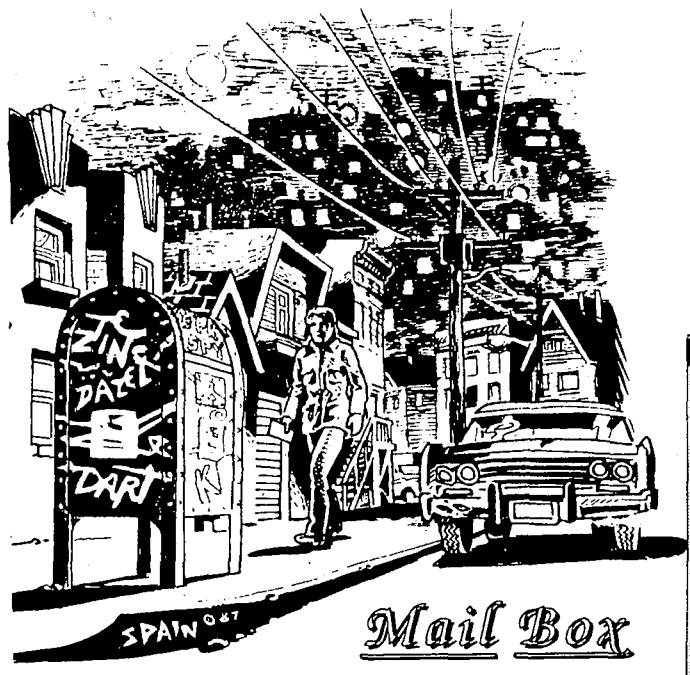

Mail Box

Dear *Bernal Journal,*

In 1973, the Recreation and Park Department took over jurisdiction of the Bernal Heights peak—and for fifteen years it has remained unidentified. With the closure of Bernal Heights Boulevard, residents petitioned and personally requested that the Department install signs at both ends of the roadway. Assured by staff that this task could be accomplished in-house without a special appropriation, residents return to wait. We are still waiting.

We Bernal neighbors feel that the *Rec and Park* Commissioners to direct staff to accomplish this task. We encourage *Bernal Journal* readers to write the Recreation and Parks Commission (McLaren Lodge, Golden Gate Park, SF 94117) and the Board of Supervisors (City Hall, SF, 94102) in support of this request.

Yours,

Barbara and Roland Pitschel

Lisa Steadman and Bob Dutra

Congratulations and thanks! Peter Richardson receives *Learning through Serving* Award for his stellar volunteer work on the Bernal Journal Youth Project.

COLERIDGE PARK HOMES

(continued from Page 1)

Planning, and the Mayor's Office of Housing together with Standard Brands. Concerns of the Coleridge Street Neighbors were addressed, and architect George Miers produced a quality design that can be built affordably. The contractor has begun work and expects to be finished within ten months.

When the BHCF is ready to begin choosing people to live in these units, we will announce it in the *Bernal Journal.* We will also send out announcements to BHCF members. Low income Bernal residents will receive priority.

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Introducing...
Summer Youth 1988

Summer youth staff (clockwise) Inez Rosa, Marcus Perryman, Craig Pintily, Herminio Copado.

Here's **Lourdes Inez Rosa,** a fifteen year old soon-to-be sophomore who joined our summer staff after moving to San Francisco from San Fernando Valley. She does extensive traveling, going to places such as Hollywood, El Paso, New York, and Mexico, but when she does settle down, Inez likes to draw and play tennis. For the future, Inez is looking at U.C. Santa Barbara as a prospective college, and a career in the entertainment and television fields appeals to her.

Now **Herminio Copado** is a person to know. He is nice and respects people. Most importantly, Herminio wants people to respect him and makes sure this happens by not messing with drugs or doing other crazy things. For two years, he has helped clean up the community. In college, he hopes to study law, and for his future job, Herminio would like to be a lawyer and own a store.

Meet **Claudia Veronica Hernandez**. She is a fifteen year old basketball lover and is going to start the ninth grade at Woodrow Wilson High School. Claudia moved to the United States from El Salvador at age 10, and though she misses her home, she says that San Francisco is the "best place I have ever been." At school, playing sports and getting "A's" is Claudia's way of having fun. Her favorite color is pink, and someday she would like to be a businesswoman.

Hey! Say hi to **Marcus Perryman**. According to him he is a "famous but decent young man that's valuable to the community." Marcus wants to be a rapper or singer and then set up his own recording studio. For now, he will keep enjoying life by continuing to help his community and hanging out with his buddy Craig.

Craig Pintily is the last person on our list of introductions. He is a native San Franciscan who plans to open his own auto garage business. After attending Mission High School, this class of 1987 graduate is now perfecting his auto mechanical skills at the Sequoia Institute. So far, he has both smog and diesel licenses, and then, when he completes his training of one more year, Craig will finally get his official auto mechanic license.

Special thanks to the Private Industry Council for their terrific Summer Youth Employment Program!

(left to right) Deputy Mayor Bill Witte, Pattie Bartlett, Gerald Whitehead, Buck Bagot, Lee Egger, mayor Art Agnos, Lisa Steadman, Standard Brands Chairman Sturat Buchalter, Tim Molinare, BRIDGE development head Don Turner, (kneeling) Marcie Wilson.

Standard Brands Employs Neighbors 3

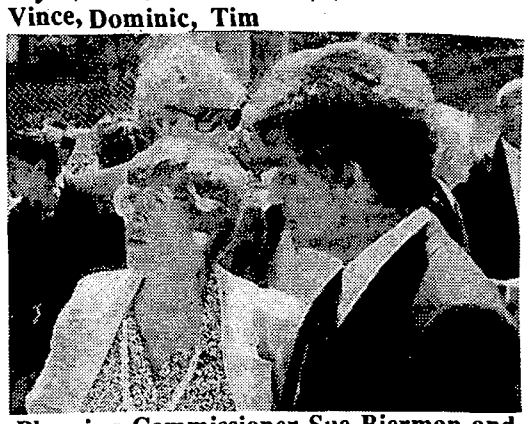
by Gail Corbitt

When Standard Brands staffed its new Bernal Heights store in May, first consideration on hiring was given to Bernal Heights residents. Through the *Bernal Journal*, the Bernal Heights Community Foundation (BHCF) collected resumés and these people were contacted first about applying. Bryce Sutton, Manager of the store, said,"all but one employee lives in Bernal Heights within a one to seven block radius from the Standard Brands store." Bryce said of the resumés collected by the BHCF "They were great. One in particular struck me. The woman wrote that she was a single parent with two small children working at a fast food restaurant and that she really needed a better job. I called her and after I interviewed her I hired her on the spot. Without the resume from BHCF, she may never have come in for an interview. She's a terrific employee."

"The employees are as diverse as our neighborhood and our customers can be assisted in English, Spanish, Tagalog, and Somoan, truly an asset in our neighborhood." Bryce said "Thanks for the BHCF applications and making me feel welcome in the community. It's fun to be with a company that wants to contribute to the community. It's great to see the diversity of the community, both the architecture and the culture. It makes a great place to live."

Thanks to you, Bryce Sutton and Standard Brands, for your support of our community with both jobs and help with the Coleridge Park Homes!

BERNAL'S OWN STANDARD STAFF: (front row) Marvin, Edith, Bryce, Mary, Lucy, Anna, (back row) Lee, Vince, Dominic, Tim



Planning Commissioner Sue Bierman and Planning Department Head Director Macris enjoy the Coleridge Park Homes celebration.

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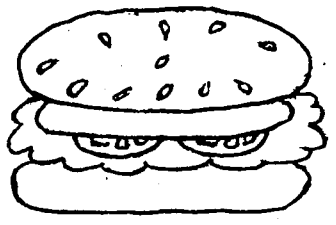

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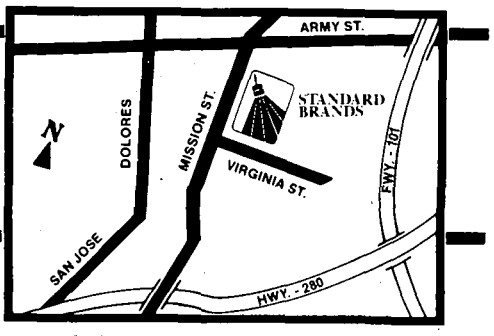

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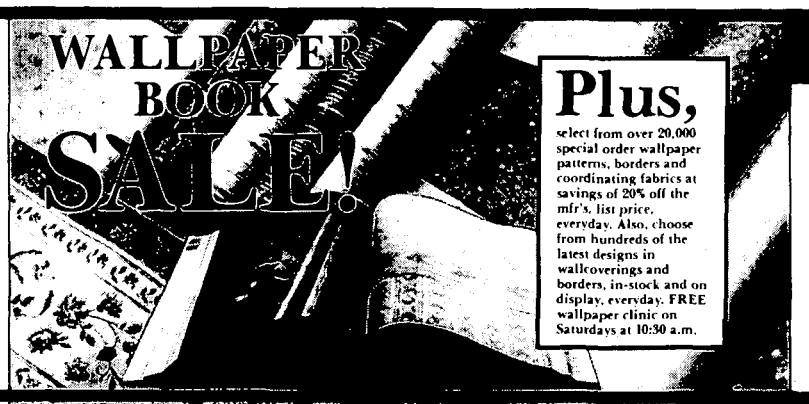

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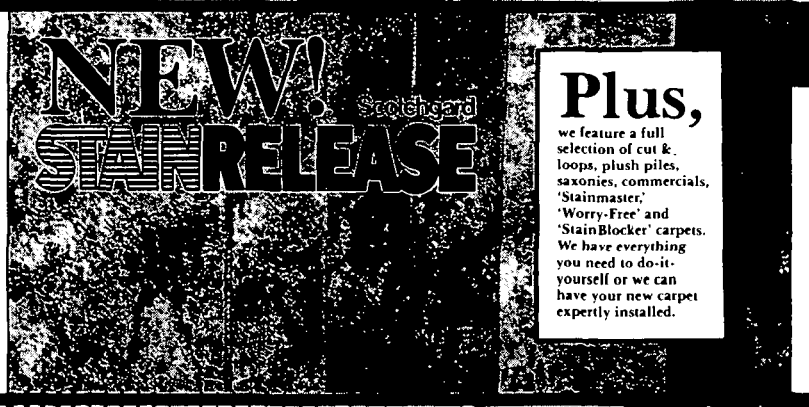

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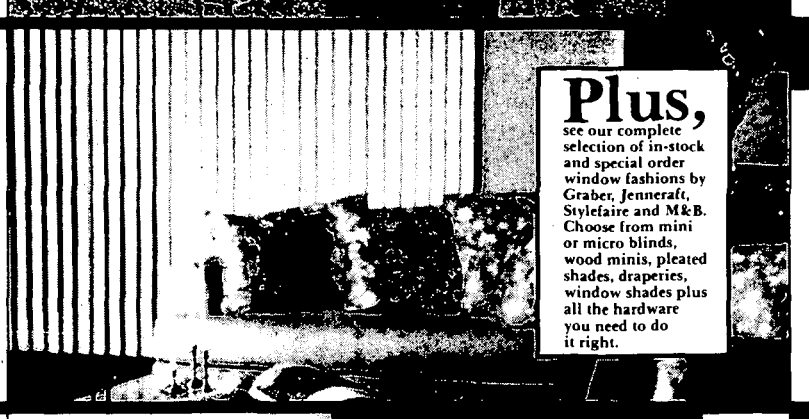

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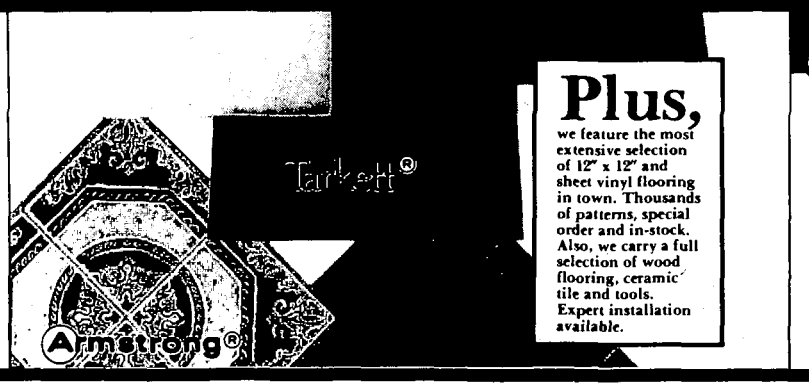

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SKATEBOARDING:

Another View

by Emma Torres

These are times when rising drug and alcohol abuse among our youth make it more important than ever that our kids feel they belong. Why then have the Parks and Recreation Commission and the Embarcadero Center decided to eject the many teenagers—whose skateboarding prowess dazzles tourists and residents alike—from Justin Herman Plaza?

The Commission has decided to bar all skateboarding in the plaza in response to allegations of skateboarder harassment during a recent basketball tournament, and to a "few calls from people who say the youths have whizzed by them quickly and frightened them" (as reported in the *San Francisco Chronicle*, July 4). Unfortunately, this also means depriving Bernal kids like Jack and his friend Ro of some place other than the streets to perfect their skateboarding skills. Jack's mom explained that she and her husband have taken the boys out to Hunter's Point and have had to sweep broken glass away before the kids could get started—"so maybe the kids do have a point" about the environment at the skateboarding park out there.

A recent breezy summer afternoon in July found Jack and Ro at Justin Herman Plaza sharing their homemade ramp with younger and older boys—Asian, Black, White—and from other neighborhood in the city who gather at the plaza to celebrate something they have in common and something they all love - skateboarding!

Happy trails...

Some of us may not understand what motivates these "crazy kids" to pass an entire afternoon perfecting the right combination of speed and balance involved in their feats. But we should respect their enthusiasm, dedication, and daring. A kid who understands the physical abilities required in skateboarding is not likely to be "doping" himself up. As adults, we are naturally concerned with the safety of the sport and there is much that can be done to make skateboarding safer.

However, as a community, we should think about the message the Commission and the Embarcadero representatives give our youth when they simply decide to bar their activities altogether. These authorities could have chosen to allow skateboarding only on certain days or times or only within a designated area. They could have worked with the kids toward a policy that would have made the youths feel involved rather than shoved aside. After all, these are the city's kids: kids like Jack and Ro, or the blonde kid there with his grandfather, or the kid in the Mickey Mouse T-shirt; or the older boys who are out there showing off. Just maybe we've missed a chance to give our kids a lesson on the right way to do things.

THE JOYS OF GARDENING 5

by R.J. Dutra

"Yes, dear." Father and child toddle out the back door giving an affirmative to wife-mother's admonishment to keep clean. The hoe is leaning under the steps, along with rake, spade, cultivator and shovel; they hide an inconspicuous cooler. Chuckling to the child, he stealthily pulls out and pops a cool one. A couple of quick gulps and a guilty look towards the back door.

Sheltered from the wind, the yard is warm and sunny. He chops a few weeds; hand-weeds around the tomatos, the zucchini and the squash; thins the lettuce and carrot seedlings; puts a Ladybug on the back of the baby's hand and blows on it to make it fly away. Both chuckle.

Dad goes back for the cultivator and to quench his thirst. Baby has found a patch of mud to sit in; cool bottomed while basking in the Bernal sun, baby takes off shoes and socks. Dad cultivates the earth, working manure and gypsum into the soil. He goes for shears to trim the flowers off the basil and prune the tomatos back to blossoms set with fruit. Hidden by the shears is his smoke stash; a deep drag followed by "cough-cough." "Are you two alright?" Quickly he puts the smoke out, "yes, dear."

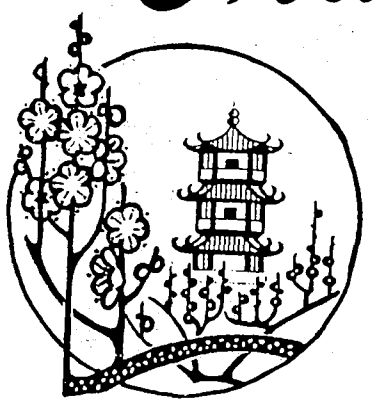
The baby, now muddy and stripped to pampers, has turned on the grey water to make more mud. Admonishing the child not to waste water, Dad lifts the straw mulch and helps the child direct the water onto the cultivated earth--most of the water anyway. Dad turns off the water, puts the tools away, takes a couple of more tokes suppressing the cough, and finishes another cool one; crushing and hiding the can in the compost pile.

"I'll be ready in a few minutes," Mom yells from inside. "Yes, dear." Dad is now as mellow as a lizard on a sunshine warm rock. Judging by the mud on both, father and child are one with the earth. Dad picks a male pumpkin flower, peels off the petals, and plunges the pollen-filled stamen into a female blossom's pistil. Both chuckle at this "birds and bees" lesson.

"I'm ready now. We can go." Mom comes out to behold her two babies. "Yes, dear," they reply, sheepish grins on dirty faces. Gasp of horror, flash of anger, trip to Serramonte cancelled. After the fight and while the newly washed baby is napping, Dad shows Mom his pumpkin fertilizing trick and everything is O.K. again.

梅林小館

Mai Lum



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Mirabel neighbors gathered for a July 4 block party to solidify their SAFE neighborhood watch group.

—SPECIAL REPORT—SPECIAL REPORT—
—SPECIAL REPORT—SPECIAL REPORT—

AS A RESULT OF THESE MEETINGS AND THE COMMUNITY ORGANIZING ON JUNE 30, ALERT NEIGHBORS NOTIFIED THE POLICE OF A SUSPECTED "CAR BOOSTING" AT HARRISON AND NORWICH. POLICE PROMPTLY RESPONDED AND ARRESTED TWO MALES. CHARGES WERE DROPPED THE FOLLOWING DAY BECAUSE THE AUTO WAS A RENTAL AND THE VICTIMS, FROM NEW YORK, WERE NO LONGER AVAILABLE TO PRESS CHARGES. NEIGHBORS HAVE SINCE STARTED A CAMPAIGN OF CALLS TO THE INSPECTOR IN CHARGE AND THE DISTRICT ATTORNEY TO ASK THAT THE PROSECUTION IN THE CASE BE PURSUED.

Just in case...

by Gerald Whitehead

Bernal's East Slope neighborhood residents meet and talk in the early evening while exercising their dogs, transforming the undeveloped ridge into an informal "community center". This custom has now produced additional community organizing on the East Slope, this time to combat a recent surge in burglaries.

On the evening of June 6, Joe Brenner witnessed an attempted car burglary, one of more than a dozen similar incidents in the area in as many days. The neighbors had exchanged comments on the burglaries, and that evening some of them decided to organize within the area.

Ann Henry, from the lower Montcalm SAFE (Safety Awareness for Everyone) group, and Bob Keith contacted the residents of the area; Barbara Attard, a neighborhood resident, contacted Captain Philpott of the Ingleside police station and asked that a police representative attend a neighborhood meeting. In less than twenty-four hours, at 6:00 on Tuesday evening, forty-one neighborhood residents met with Officers J. Reilly and M. Dunnigan on the edge of the ridge to discuss recent burglary incidents.

Each neighbor in turn told of attempted car thefts, or house break-ins, that they knew of or had witnessed. The disclosures revealed that most of the incidents had *not* been reported to the police. The officers stressed that it was very important that incidents be reported.

There were also numerous reports of suspected "casing" operations: a technique whereby a person, under the pretense of seeking or giving assistance, secures access to your home and observes what items are in the house, which windows may be open, or if there is a dog on the premises, etc.

Some "casing" techniques used in the neighborhood included:

- A male coming to your door and saying, "Someone hired me to do some work and I can't remember which house it was so I'm looking for it."
- A male (and at times his female companion) comes to the door asking to use the phone as there is a sick baby in the car.
- A male who comes to the door saying he has a flat tire and needs to use the phone.
- A male looking for yard work or to trim trees; he shows up frequently in the area.

David Robbins asked the officers, "What can we as a neighborhood do?" "You have taken the first step with this meeting," Officer Reilly replied. "Get to know your neighbors and organize. Care about your neighbors." He and Officer Dunnigan then gave the group thirteen pointers for helping make a safe neighborhood (See sidebar).

In response to requests for regular neighborhood patrols, Officer Reilly pointed out that with the minimal staffing in the large Ingleside precinct, officers simply do not have the time. He again stressed that citizens should report criminal or suspicious activity. This information is collected by the crime statistician for a data base which helps pinpoint areas of increased crime.

What if one suspected a "crack house" may be operating in the neighborhood? Because there must be reasonable cause to search a private home, the officer suggested that information such as license numbers and times of unusual activity be reported. The more reports a neighborhood makes, the greater the likelihood that undercover police will be assigned to investigate.

After the meeting, Glenn Lym and Bob Keith organized a June 26 "pot luck" meeting for the adjacent Rutledge/Ripley areas to discuss additional SAFE groups. A four-point program was developed from the meeting: (1) neighbors should get to know each other and watch out for each other: (2) everyone should report suspicious person/ activity in the area; (3) establishment of a Ripley/ Rutledge Neighborhood Association which will have regular meetings; and (4) use liaisons from each street to report information that will establish a police data base.

In the future, the association will work closely with neighbors and police to combat burglaries in the area and will work to organize other SAFE groups in adjacent areas. Liaisons are: Peter Alexander on Ripley Street; Camilla Bixler on Upper Montcalm; Fred Blum on Rutledge; and Tomas Shuster on Massasoit. For more information about Ripley/Rutledge, call Bob Keith at 282-8584. Call Ann Henry at 824-4348 regarding the Montcalm group.

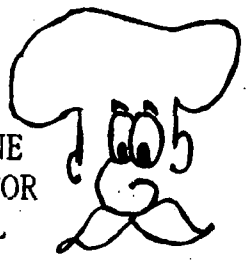
13 POINTERS

1. Lights and sound (burglar alarms) are good deterrents.
2. If you see a street light out, report it!
3. Have clearly visible house numbers so a responding officer can easily find your house!
4. Organize neighborhood "safe groups," and work with a hillwide coordinating group.
5. When observing something suspicious, note a description of the incident and report it to the police promptly.
6. Dispatching of officers is prioritized by the seriousness of the reports coming in, so make it clear what you are reporting.
7. Get to know the residents of your neighborhood so you will be more alert when you see an unfamiliar person.
8. Immediately dial 911 if you see a crime in progress.
9. Call promptly if a suspicious person is noted (whether you use the regular number 553-0123, or 911 depends on how threatened you feel at the time)
10. "Eyeballs on the street" is the best weapon in preventing crime. If you see something suspicious (a stranger looking in a neighbors window) report it promptly.
11. When a car burglary has been committed, ask the responding officer about taking fingerprints.
12. Don't put yourself in jeopardy when a crime is being or is about to be committed. Call the police!
13. All reports made have a file number; follow up on your report by using that number when calling the police to check on action being taken.

Attention *Barbara Pitschel* fans!

Stay tuned until October, when Barbara's *Bernal Hilltop* feature returns. Until then, check out one of the work parties to learn more about plant species identification! Work parties take place at 1:00 p.m. on the third Sunday of each month, and meet at the foot of the phone company road. Plastic bags are provided, but please bring your own clipping tools. Mark your calendars for August 21 and September 18. For more detailed information regarding hilltop work call Barbara Pitschel (282-5066) or Richard Clinebell (647-4145).

CHEFS BRUNO
AND MARK...



TOGETHER AGAIN FOR ONE DAY ONLY IN AUGUST! FOR THIS BRUNCH THEY WILL BE SERVING

HUEVOS RANCHEROS $4.00
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Coffee, Tea, Conversation, Good Time is included in price. Bring your friends, neighbors, mother-in-law!!
SUNDAY BRUNCH- 10:00- 1:00- AUGUST 21
BERNAL HEIGHTS NIEGHBORHOOD CENTER
515 CORTLAND AVENUE
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IYENGAR YOGA IN THE MISSION
455A VALENCIA STREET SAN FRANCISCO (BETWEEN 15th & 16th)

Classes are on-going A.M. & P.M.

For class information, call individual instructor:

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Arthur Kilmurray ..... (415) 482-3059
Patricia Layton ..... (415) 695-9207
Janet MacLeod ..... (415) 826-7448
Velleda Schervee..... (415) 585-1592

All the instructors have been certified by BKS Iyengar to teach his method.

COMMUNITY LIBRARIES IN JEOPARDY

by Cathy Bremer, Branch Librarian

This year's budget crunch hit the library particularly hard. Five branches were slated to close and cuts at the Main Library resulted in a loss of an additional million dollars. The Supervisors were able to save four of the neighborhood branches--Glen Park, Noe Valley, Golden Gate Valley, and Oceanview--at least for this year by taking money from the courts. But the library still lost many positions and people. Hours were cut in the larger branches and at the Main Library. Technical Services, which provides cataloging and processing of the materials, was particularly hard-hit. Library users and staff all over the City will suffer from the loss of these services.

It will not do for the Bernal Heights community to feel smug about the fact that our library was spared. First of all, we do not know what is in store for us next year. We will have to be prepared to fight for the library as hard as the people of Noe Valley and Glen Park did this year. It is important that the mayor and Board of Supervisors know how much we value library service. This budget crisis pointed out to us all how little the people who make the decisions know about library services. We need to educate them every chance we get.

Meanwhile, the Bernal Heights Branch Library is doing fine. Our circulation increased again this fiscal year—11% over1986/87. That means an increase since 1985/86 of 75% . Congratulations to our community for making such good use of this valuable community resource! For those of you who haven't yet enjoyed the services at the library, come in or call us. You'll be pleasantly surprised by what you can find at your neighborhood library.

No hare sentir a la acomunidad de Bernal Heights especial por el hecho de que nuestra biblioteca fue salvada, primeramente porque no sabemos que aguarda para nosotros el proximo ano. Tenemos que estar proparados para pelear por la biblioteca, tan fuerte como la gente de Noe Vallesy y Glen Park lo hicieron este ano. Es importante que el alcalde y el consejo de supervisores conosca cuanto apreciamos el servicio de la biblioteca. Esta crisis de presupuestos nos senalo a todos lo poco que sabe la gente que hace las decisiones, acerca de los servicios de las bibliotecas, nosostros necesitamos educarlos cada oportunidad que tengamos.

En la reciente crisis de presupuesto en la ciudad, ha traido de nuevo, a la proposicion 13 a San Francisco. Por anos la ciudad ha ignorado los efectos reales de la proposicion 13, al usar los sobrantes y otros fondos especiales, ahora ese dinero se termino y estamos sintiendo lo que significa vivir con el presupuesto real. Desafortunadamente esto continuara hasta que la gente de esta ciudad (y especificamente los negocios de la comunidad) esten dispuestos a pagar mas para la mantecion de estos.

El presupuesto de este ano ha afectado particularmente fuerte a la biblioteca. Cinco sucursales fueron destinadas para ser cerradas y las reducciones a la biblioteca principal han resultado en una perdida agregada de millones de dolares. Los supervisores pudieron salvar cuatro de las sucursales de los vecindarios de Glen Park, Noe Valley, Golden Gate Valley y Oceanview; por lo menos para este ano al tomar dinero de las cortes, pero las bibliotecas todabia perdieron muchos posiciones y gente, las horas fueron cortadas en las sucursales mas grandes y en la Biblioteca Principal servicios tecnicos , los cuales proporcionan procesamiento de materiales y catalogos, fueron particularmente afectados. Los usuarios y empleados de la biblioteca sufriran la perdida de estos servicios

Hope for Libraries? 7

In July, the Board of Supervisors unanimously agreed to place a library bond measure on the November ballot. The $109.5 million measure will allow the city to sell bonds to fund the construction of a new Main Library and refurbish neighborhood branches.

"San Francisco residents have continually indicated that library service is important to them," said City Librarian Ken Dowlin. "Just as the citizens of affected neighborhoods came together to keep open neighborhood branches, we are confident that all San Francisco citizens will send a strong message of support for libraries by overwhelmingly adopting the library bond measure this November."

The new Library, planned as five stories above ground and two basement floors, will be built in the Civic Center site next to the current Main Library. Future plans for the existing Main Library call for it to become the new home for the Asian Art Museum, currently located with the de Young Museum in Golden Gate Park.

The bond measure will allow for substantial upgrading of branch libraries, both by the new service that branches will receive from the new Main, as well as by actual improvements that will be made to branch facilities.

Schedule of Events at Bernal Branch:

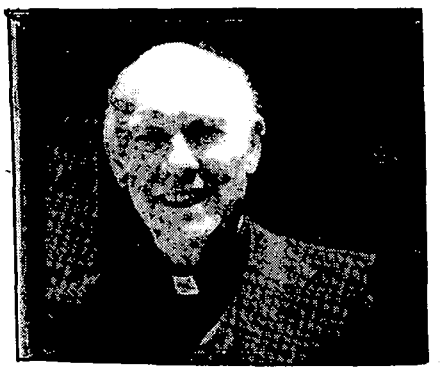
Tuesday mornings at 10:30 - Preschool Storytime

Tuesday mornings at 11:15 - Infant/Toddler Lapsit

Wednesday evenings at 7:00 - Family Storytime

The first Wednesday of each month at 7 P.M. the Bernal Heights Archives Project meets to discuss BH history and view wonderful photos from the past.

—Paid Advertisement—



LETTER FROM THE PASTOR OF ST. KEVIN'S CHURCH,

REVEREND JAMES E. O'MALLEY

DEAR RESIDENTS AND NEIGHBORS OF BERNAL HEIGHTS;

OVER THE YEARS I HAVE HEARD THE DESPERATE CRIES OF HOPELESSNESS OF MANY PEOPLE BECAUSE OF THEIR FAMILY PROBLEMS AND THE WORLD SITUATION. WHEN WE LOOK CLOSELY AT OUR LIVES, WE SOMETIMES OVERLOOK OUR DEEPER, INNER, SPIRITUAL NEEDS. WHEN THE INNER SELF IS NEGLECTED, IT'S EASY TO SLIDE INTO THE COMFORTABLE, MATERIALISTIC WORLD OF SELF CENTEREDNESS.

SOME ASK IF GOD SO LOVES THE WORLD, WHY ISN'T IT A MORE LOVING PLACE?

FOR THE NEXT THREE YEARS, ST.ANTHONY'S AND 80 OTHER CHURCHES ARE ENTERING A PROGRAM CALLED RENEW. *THE TITLE SPEAKS FOR ITSELF: IT IS A CALL TO EVERY ONE TO RENEW HIM/HERSELF BY DEEPENING OUR KNOWLEDGE AND LOVE OF THE LORD JESUS, AND BY SHARING THIS LOVE WITH OUR NEIGHBORS AND FRIENDS, ESPECIALLY WITH ALL THE PEOPLE OF BERNAL HEIGHTS COMMUNITY.*

IF YOU ARE PERSONALLY SEARCHING FOR THE MEANING OF LIFE, FOR A BETTER UNDERSTANDING OF THE WORLD SITUATION, OR MORE PEACE OF MIND, I PERSONALLY INVITE YOU TO JOIN US IN THE RENEW PROGRAM.

YOU HAVE SOME RELIGIOUS BACKGROUND, BUT HAVE NOT BEEN ACTIVE IN YOUR CHURCH RECENTLY, PERHAPS IT'S TIME TO TAKE ANOTHER LOOK, AND JOIN YOUR CHURCH IN SEARCHING FOR THE RIGHT ANSWER.

IF YOU HAVE ATTENDED CATHOLIC SCHOOL, AND FEEL THAT YOU HAVE HAD ENOUGH RELIGION, LET YOUR HEART LEAD YOU TO A NEW EXPERIENCE, AND TO RENEWAL.

WE WELCOME EVERYONE TO JOIN OUR BERNAL HEIGHTS COMMUNITY IN BEING RENEWED.

SINCERELY YOURS,

Father James E. O'Malley

YEAR-ROUND SCHOOL?!?!

by Shirley Aguila (junior at Burton Academic High)

To educate the minds of the world an institution of learning was developed: school. Since its formation, school has always played an integral role in society. Besides apprenticeship, experience, and common everyday knowledge, most of us learn through school.

The majority of us have been exposed to some sort of schooling with the nine-month school year from September to June (give or take winter and spring breaks and national holidays). In our Bernal Heights community, two parochial schools, St Anthony and Immaculate Conception Elementary (ICE), will do something different and educate their students along a year-round schedule. These schools will not only sever tradition but will create history.

The concept of *year-round school* for ICE and St. Anthony's was not instantly understood. The two parochial schools of the San Francisco Archdiocese held a thorough two year examination of the concept. In the system, the students will be in session for a 9-weekin-class period and 3-week break. The research team at both schools, which consisted of faculty members, concluded their research and realized that if carried out, the year-round system could be very beneficial for the students. With that, the faculty of each school introduced this concept to the parents of the students currently enrolled in their school.

Throughout the course of the last school year, 1987-1988, general parent meetings were held for each school where the concept of year-round school was introduced and explained. Within the same time frame, literature concerning the concept was distributed to the parents for further study. In late spring, students at both St. Anthony's and ICE were given home ballots to give to their parents. The ballots contained a choice between year-round school or the 9 month school year system. The votes were tallied from both schools and the results ended with 95% majority of the voters wanting year- round school to be practiced at their child's school of attendance.

The two schools will begin classes for their 1st quarter on August 16 and the 4th quarter on June 30, 1989. For more information you may contact either school:

St. Anthony Elementary
299 Precita Avenue
San Francisco, CA 94110
415-648-2008

Immaculate Conception Elementary
1550 Treat Avenue
San Francisco, CA 94110
415-824-6860

SKY SUMMER EVENTS

✔ Every Monday evening from 7 pm to 9 pm in the Ellsworth Hall: drop-in, socialize, games, etc.

✔ Annual Garage Sale on August 21-22 (Sat-Sun) 9 am to 4 pm in Anderson St. Hall. Pick ups on August 13-14. Donations welcome; lots of goodies for sale. Please: no mattresses or underwear.

✔ Discussion Topics (2nd Monday of the month) August: Smoking yes or no? September: Families And Problems; October: Witchcraft and Demonism; November: Lift After High School?

✔ SKY is open to all high school students in the neighborhood. No monthly dues. Come by and see friends, old and new.

BE YOUTH

Roving Reporter

by E. Dizon

What do you think about legalizing drug use?

-Raymond Ramirez age 17-

"I don't think they should because a lot more people would be taking drugs. Many would die. Besides, drug-sellers would go out of business."

-Chloe Kennedy age 14-

"It's no good. Drugs are dangerous, and if its use is legalized, a lot of bad things would happen."

-Julie Gordon age 17-

"I don't like it. Legalizing drug-use would cause more trouble in all sorts of different environments such as schools."

-Dave Ofthorne age 15-

"My friends would probably just come up to me and say,'Here have some.It's legal now.' Legalizing drug use wouldn't do any good. People would still die of the stuff."

-Claudia Arenas age 16-

"There's a pro and con to this issue. It's good in the sense that there may be less killing going on. The bad thing is everybody can and might do drugs."

-Scott Chafian age 17-

I think drug use should be legalized because all things done up to now have been ineffectual."

-Kwaz age 16-

"Legalizing drug-use--No, it's just no good. More people would die, of the stuff, and also AIDS would spread more. But wait maybe the legalization would prevent the spread of AIDS more because needles would be more readily available.No, making drug-use legal would just mess up everything."

-Shirley Aguila age 16-

"It's idiotic! It's stupid! We'll end up with more drug addicts. People will be so indrugged that they'll lose control of their lives, and we'll lose control of our world."

-Monica Portilla age 17-

"I don't think they should legalize drug-use because it will cause violence, and mess up your future."

CHECK IT OUT AT BERNAL HEIGHTS GYM

by Craig Pintily and Marcus Perryman

James Threat known as J.T., the Director of the Bernal Heights Gym, is ready to start a basketba league at the gym. He needs boys ages 18 to 24 to play basketball this summer. J.T. also has a softbal team for girls ages 16 to 21. He said he has a lot of kids in and out of the gym every day. He's also starti a flag football team as well as a volleyball team for girls and boys playing against other teams. Yolanda Travis also helps out at the gym. She plays games with the kids and teaches them how to tap dance. S also has a weight room there. A lot of older guys hang out at the weight room. Now this summer they h lunch for the kids at 12 noon. Yolanda said, "There are over 60 kids a day who come down to eat." Also they have bingo for the Senior Citizens at the gym and weekly field trips for the kids which cost $1.00 fo each kid. If you are interested in any of these programs, call 285-6252.

NAL FOCUS

IS COLLEGE IMPORTANT?

by Herminio Copado

To a fifteen year old kid like me college is something puzzling: That is, should I or should I not go to college? I took the time to ask some questions to help me decide if college was worth it or just a waste of time and money. When I asked Vicki Victoria, Senior Program Administrator at the BHCF, and gave my godfather, José, a call, I found out that twelve hundred or six hundred dollars per year for books and other expenses is really worth it. Whether they went to the University of California or to the City College of San Francisco, they both said, "college is something that you will need for the rest of your life. But not all people will study a subject and actually make a career out of it." Like my godfather, he studied transportation, but is now buying and selling houses for a bank. As he said," I didn't make a career out of the studying I did in transportation, but the math classes I took really helped me." So even if I don't make a career out of what I study I know that the extra classes in math, English, and reading will help me in any job I get. So college is for me!

Movies-Movies-Movies

The Josephine D. Randall Museum has been proud to present a summer a 1988 summer of films. These films are not usually shown in movie theaters so it is a special honor to be able to see these films. Many are award-winning and primarily geared for early school-age children, but anybody and everybody can come.

Movies are shown every Tuesday, Wednesday, and Thursday beginning at 12:15 P.M. in the Randall Museum auditorium Plan on arriving at noon—seating will be limited. Admission is $1.00 per person (discounts for organized groups with advance payment). Call 863-1399 for information or group reservations.

The movies for the rest of the summer are:

August. 2,3,4	THE LIVING DESERT (Disney nature adventure)	75 min.
9,10,11	BALLET ROBOTIQUE (17 awards)	
	THE LEGEND OF PAUL BUNYAN (animated)	60 min.
	THE MORNING SPIDER (mime)	
	FLOATING FREE (Frisbee champions)	
16,17,18	ANIMALS ARE BEAUTIFUL (African Wildlife, from the director of "The Gods Must Be Crazy")	92 min.
23,24,25	PARADE (animated toys)	
	MEADOWLARK LEMON PRESENTS THE WORLD	
	GRAVITY NEVER SLEEPS (gravity sports)	65 min.
	CHILDREN OF THE FOREST (Pygmies)	
August 30,31, and Sept. 1	SAMMY THE WAY-OUT SEAL (Disney)	86 min.

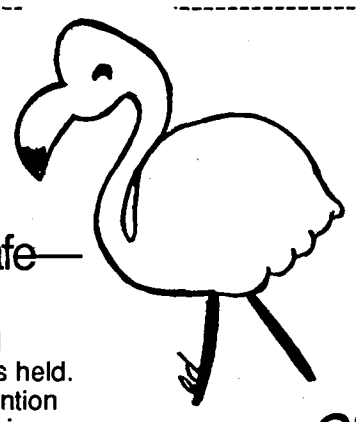
August is *Peace Month* at the library...

...WITH SPECIAL PROGRAMS FOR CHILDREN AND ADULTS.

The summer reading Program continues through August 20. There's still time to sign-up, win some prizes and enjoy some great books before it's time to go back to school. The program is open to kids age 0 - 14.

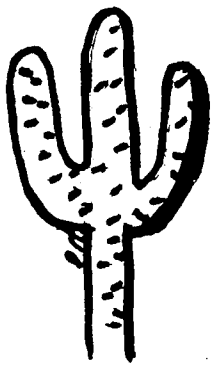
Bernal Heights Branch Library
500 Cortland (at Andover)
285-1744

Tuesday 10 A.M. - 6 P.M.
Wednesday 1 P.M. - 9 P.M.
Thursday 1 P.M. - 6 P.M.
Saturday 1 P.M. - 6 P.M.



love

en you think you're in love
always think you're down.
the feeling you feel for someone
nore important
n what somebody else thinks.
cause love is wonderful--is nice.
en you love someone you feel
if you are falling in love
ery second
l minute. —Claudia Hernandez



—Winning Pix at Jungle Cafe—

A couple of months ago, the 5th Annual Photography Contest for Young People was held. Numerous 1st, 2nd, 3rd, and Honorable Mention prizes were given, and of the 1,200 submissions, about a 100 of awarded pictures will be displayed at the Jungle Cafe in The California Academy of Sciences.

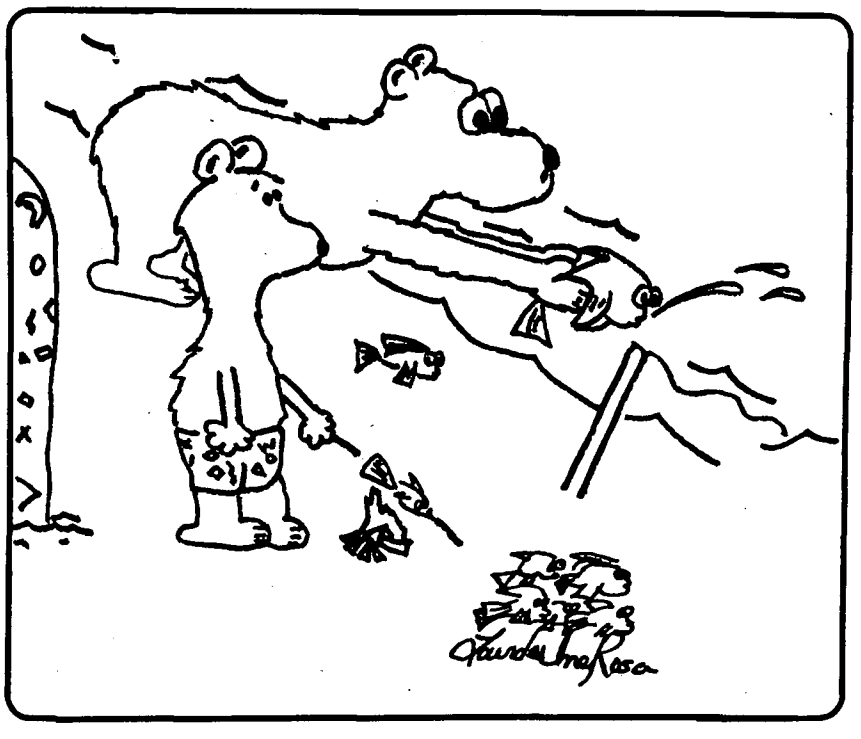
These winning snapshots illustrate strong images visually and graphically or demonstrate a good example of a certain subject matter. The pictures are displayed according their subject matter such as landscapes, buildings, architecture, potpourri (a medley), and people at work and play.

Everyone is invited to see this exhibition, co-sponsored by KRON-TV and the California Academy of Sciences. It will be held through September, 1988.

Aside from this fantastic photo presentation, the California Academy of Sciences offers many more things. There are sky shows of Mars at Morrison's Planetarium to attend; penguins, crocodiles, and dolphins at Steinhart Aquarium to watch; and large displays called dioramas to see just to name a few of the many things to discover at the California Academy of Sciences.

The museum is located at the Music Concourse near 10th Avenue and Fulton in Golden Gate Park. It is open daily 10:00 A.M. to 5:00 P.M. and until 7:00 P.M. from July 4 through Labor Day. Admission is $4 for adults, $2 for seniors and youth (12 to 17), $1 for children 6 to 11 and free for children under 6. The first Wednesday of each month is free and open until 8:45 P.M. For more information call 750-7142.

GENERATION GAP *by Inez Rosa*



"I'm telling you son, you need to do it the old fashion way. That silly so called fishing pole won't catch one fish."

Open Space Update

by Maurice Kelly

What kind of environment do you want to live in? In an urban setting like San Francisco, the choices might seem as limited as video rentals on a Friday night: all the good stuff's already been taken.

In Bernal Heights, though, there is still a rich variety of living space in a fairly small area. And a crucial part of what makes Bernal so livable are those places where houses and apartments, stores and churches, schools and cars *aren't*: open areas, playgrounds, jogging paths, public gardens, landscaped stairways, and even small sections of sidewalk dedicated to street trees, not concrete. Few areas in San Francisco have so large and so varied a selection of accessible places to stretch your legs, play, or just take in the fresh air and famous city views.

The Bernal Heights Open Space Committee (BHOSC) is committed to preserving and enhancing Bernal's open area so that our community can continue to enjoy and benefit from local public open space. Working with organizations such as San Francisco Friends of the Urban Forest, S.F. League of Urban Gardners, S.F. Conservation Corps, etc., BHOSC has been involved in many successful open space projects over the past years. **Get involved with the BHOSC!** For more information on how you can make a difference, call Maurice Kelly at 826-6607. Your ideas and participation are what make projects like these happen.

WORKS IN PROGRESS

There are several open space programs currently under way that are finally emerging from their planning phases, and some that are getting started.

The most ambitious of these is certainly the Mayflower step walk. Located on Bernal's eastern flank, this four-block long stretch of unpaved street easement has already been cleaned of weeds and junk, thanks to the Sherrif's SWAP Team program. San Francisco Conservation Corps has offered generously to assist with the labor and final planning of the project. This project may very well make Mayflower the Filbert Steps of Bernal Heights.

Funding for Mayflower will be provided by donations from the community and possibly from the Mayor's Office of Community Development. To help, call Maurice Kelly at 826-6607.

A similar but modest plan has been for the section of Powhattan Street between Ellsworth and Folsom, also an undeveloped street easement.

Exciting news is also coming from Franconia Street near Montcalm. Neighbors in this area are discussing ideas for developing a 120-foot long lot that is designated open space. Preliminary designs include a step walk, landscaping and garden areas. Geoffrey Gratz, a coordinator of the Franconia project, is very optimistic about the future of this lovely spot. The BHOSC is looking forward to helping out with the Franconia site- the potential is there for a truly beautiful design.

The next hill cleanup is scheduled for August 21, then another on September 18, both at 1:00 P.M. at the microwave tower access road. Bring garden clippers, rakes, gloves, etc. (trash bags will be provided). Mark these dates on your calendar now! Your participation will help to lesson the danger of brush fires this summer.

STREET TREE MAINTENANCE

Many of Bernal's street trees are in trouble. Inadequate watering, lack of pruning and other maintenance problems are threatening to seriously impair the health of our section of urban forest.

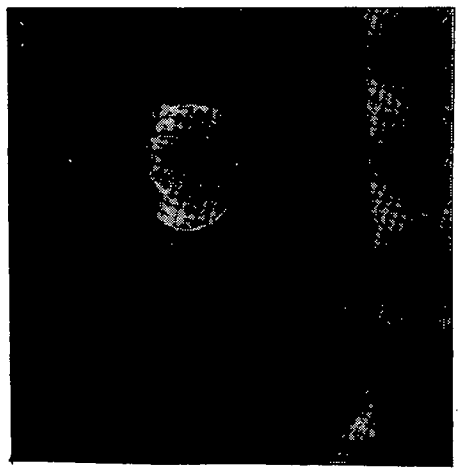
The BHOSC is considering the creation of a tree maintenance program for Bernal Heights. The aim of this program would be to ensure that Bernal's street trees receive adequate care through volunteer help from the community. If Bernal's street tree program is to be a continued success, community support is essential. Those interested in getting more information should contact Linda Aurichio at 282-9856.

THE BHCF Board of Directors has chosen Helen Helfer as the new Executive Director, replacing Fred Allingham, who resigned to pursue other non-profit interests. Helen, a Bernal Heights resident and an alumnus of San Francisco's Lincoln High School, earned her BA in Social Welfare and Sociology at Long Beach State College and an MSW with emphasis on community organization at Bryn Mawr School of Social Work. As executive director, Helen will oversee the foundation's staff and the day-to-day operations of its programs, including the Neighborhood Center on Cortland.

Helen arrives at the BHCF at an important point in its 10-year existence; construction has begun on the Coleridge Park Homes, co-sponsored by the BHCF after a 4-year plan development process, new outreach efforts have begun to involve more minority members, and several valuable youth projects are underway. Also, now that Coleridge Park Homes is in the construction stage, groundwork is being done for another similar project

"I look forward to strengthening the fine work already done by the BHCF over the of expanding it to more neighbors," Helen said. " The goal has to be to build on the work already done and to see how to integrate new programs to be more diverse."

Even though Helen has always had a busy career life, in Bernal she has found the time to be active in the neighborhood. She has been involved in a neighborhood safe program, the Prospect Garden, Friends of the Urban Forest tree planting program, and has recently volunteered at the Alemany MVP youth program. Helen places great importance on community involvement. " I believe that equal opportunity and community involvement in decision-making are paramount to building a neighborhood which respects everyone's diversity and grows with each other's concern



Introducing the BHCF Board of Directors...

Every issue the Bernal Journal *will let you get to know a member of your Board of Directors. This issue the spotlight is on Marcie Wilson,who was newly elected to the Board in April.*

Marcie knows we have to strive to improve our environment in all aspects. Her list of things to be done includes help for the elderly, eliminating drugs from the streets, educating adults to adapt to new technologies, and better education for our children. Marcie and her husband, a former serviceman, have two children of their own. Stan graduated from the Computer Learning Center and Margaret from SF State. Marcie, born in the Philippines, has lived in Bernal for 21 years. On her job with the Postal Service, Marcie is also very active with the union.

Alemany *Hot Brunch* Program

by Tiki Hadley

On Monday, June 27, the Alemany Hot Brunch Program sponsored by the USDA and the San Francisco Mayor's Office was kicked off with a bang. Twenty five children showed up at the 12:00 noon opening and by 1:00 P.M. 25 more children began enjoying the first day of the Summer Lunch Program. There were also 22 more children who signed up for the lunch on Tuesdays, a total of 72 children so far.

The participation of the parents and their willingness to volunteer was overwhelming. They showed up with their children and stayed to help with the program and to help feed the smaller children.

Our thanks to Mrs. Mary Rodgers for preparing the room, Mr. and Mrs. John Haskins for tables and assistance, Mrs. Emily Glasse for awakening the "sleepy heads" who celebrated the beginning of their summer vacation, Mr. Jordy Hadly for monitoring, Mrs. Betty Haskins, the previous Lunch Supervisor, and Mrs. Pat Reagan who came from the Mayor's Office to lend her assistance and expertise in making the program run smoothly on its first day.

The Alemany Free Hot Lunch program runs until August 26 daily at 12 noon to 2:00 P.M. at 930 Ellsworth in the Community Room. All children from ages 1-18 are welcome. For more information you may phone the Site Supervisor, Tiki Hadley, at 826-8454.

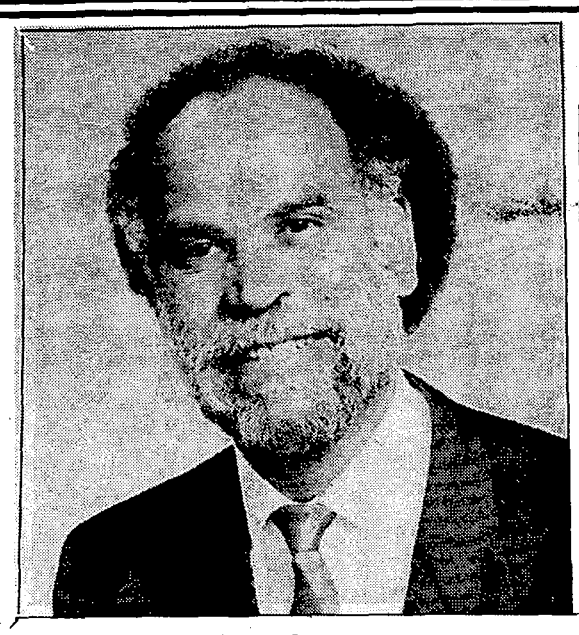
The Heat is On!

With the dry season upon us, the San Francisco Fire Department advises all property owners in the Bernal Heights neighborhood to begin clearing weeds and grass away from their buildings. It is the responsibility of the owner to comply with the requirements of the San Francisco Fire Code. Past experience shows that fires involving dried grass and weeds can prove to be hazardous to life and property.

For more information, Call 861-8000 (extension 310).

BHCF member Mary Johnson crosses AIDS Walk finish line. Barbara Bagot and Consuelo Majewsky also participated in AIDS Walk.

Shaffer



Thornley

Rentschler

Bernal Heights was well represented at the San Francisco Progress' Second Annual State of the Neighborhoods Conference in June. Malcolm Thornley, Jr., President of the Council of District Merchants Associations, moderated the panel discussion on the budget crisis. Malcolm is also owner of El Rio, a longtime *Bernal Journal* advertiser. Ellen Shaffer, Chair of Community and Labor Organizations United Together (CLOUT), served as a panelist in the budget workshop. Ellen, who lives on Ripley, spoke of the necessity for business, not just the neighborhoods, to give their fair share during the fiscal crisis.

Bill Rentschler, Publisher of the *Progress*, spoke of bridging gaps between the neighborhoods and downtown. Mayor Art Agnos was the keynote speaker.

BHCF DINNER

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NOT BECAUSE IT'S CHEAPER

$29 /thousand business cards, which includes typesetting, logo, and red, blue, or black ink.

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Pool, Shuffleboard, Pinball and sometimes Ping Pong

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DeeJays FR, SA

Comedy Night WD

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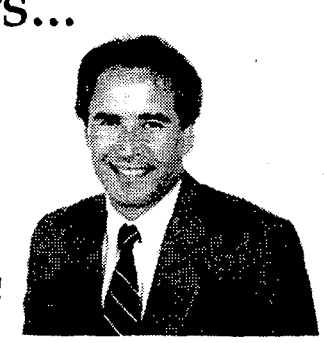
We can do parties too!

3158 Mission near Army

282-3325

Bernal Homeowners...

thinking of selling?



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Shades of Gray

by E. Dizon

Pink, yellow, blue, green, red, orange, black, and white. All of our favorite colors that remind us of certain things—pink & polka dots, yellow & sunshine, blue & water, green & money, red & hearts, orange & psychedelic things, but what of black and white? Often these two colors are used together, and we get zebra stripes or newspapers, but what happens when they are mixed? We get shades of gray, the color chosen by the "Age and Youth in Action" group—the Gray Panthers.

The Gray Panthers are a world-wide network of people who work to meet the needs of the people. Dr. Helen Sorbell, convener of the San Francisco Gray Panthers, says, "We are a group that works for everybody—people young and old and everybody in between." The Gray Panthers "growl at poverty, at war, at illness." Their main concerns include insurance of proper social security, good housing, "age-ism" (discrimination based on a person's age whether it be an early or older age), and promotion of a national health care system.

Founded in 1970 by social activist Maggie Kuhn and five friends, the Gray Panthers have grown to more than 70,000, making up 80 local chapters nationwide, and in other countries including Germany, France, and many others. The local chapters have monthly meetings. For example, the San Francisco chapter meets every third Tuesday afternoon usually at the First Unitarian Church, 1187 Franklin at Geary. Regional meetings occur every three months.

Some Gray Panthers are divided into committees, each with a specific focus: peace, housing, membership, health, fundraising, to name a few, but as a whole, the Gray Panthers believe in working together to get their job done. Dr. Sorbell remarked that they are "O.O.O."—outgoing, outstanding, outrageous. She explained that they are outgoing because, "we don't just talk to ourselves. We go out and reach people." Outstanding was chosen because they are the best men and women who make things happen, and outrageous, as Dr. Sorbell puts it, "describes us because we try to do things in a way that actually calls attention to the issues."

In the Gray Panthers pamphlet, past actions are talked about: "Over the years, Gray Panthers spearheaded the successful fight against forced retirement at age 65.....exposed shocking nursing home abuse that led to convictions and tough new laws.....mobilized hundreds of thousands to fight— and beat—many of President Reagan's plans to increase military spending while axing programs such as Medicare and Medicaid."

In the past during April 15—tax day—some S.F. Gray Panthers would try to join the Armed Forces as senior officers. They wanted to show their disgust to the fact that senior officers get so many special benefits, while everybody else didn't. Dr. Sorbell exclaimed, "We pay taxes, and we want them [taxes] to take care of everybody." She also related the S.F. Gray Panthers protest to the Boston Tea Party. The American colonists had thrown all their British imported tea in the Boston river in order to object to the heavy tariffs the British monarchy had imposed on them. With their protest, the panthers were objecting to the unfair distribution of taxes. The colonists and the panthers both were fighting against a huge opponent, the government of a country.

Presently, the Gray Panthers are pushing hard for a National Health Care System. If one existed, anyone regardless of race, religion, or income would have high quality personal health care. The Gray Panthers propose that the health care system "be universal in coverage, with no charge at the point of delivery; be nationally organized but community controlled; and be equitably financed, with public accountability for public funds." Several hearings urging local, state, and national elected officials to hear their concerns have happened successfully and more are planned. Petitions and rallies will also continue till a National Health Care System is developed.

Looking to the future, the Gray Panthers hope to focus on the abolishment of "violent" toys such as make-believe guns and knives. As Dr. Sorbell states, "When you train children to be warlike, that's what they are." However, the Gray Panthers will not abandon their present campaigns until they are won.

If you would like more information about the Gray Panthers, you can contact the San Francisco chapter by writing to them at 325 Ninth Street, San Francisco, CA 94103 or by calling 552-8800. New Gray Panthers are always welcome, and donations to any Gray Panthers cause is always appreciated.

Traveling safely with your child

With the summer months and vacation time here, many of us are traveling and/or entertaining guests from out of town. Many visitors are parents traveling with young children. The American Trauma Society is very concerned with protecting these children from the #1 killer of children ages 1-4 years--traffic crashes. There is a cure, and it is a properly installed child restraint seat.

A car seat is essential for automobile travel: all 50 States have child restraint laws which require children under a certain age to be in a car seat while riding in a car (in California it is 4 years or 40 pounds). A child restraint seat provides protection for the child and peace of mind for you; you know that they won't fall out of the car and that they won't be hurt in a sudden stop.

Being away from home does not mean that there must be a disruption in the important routine of buckling the child (and yourself) up. Many car rental agencies have car safety seats available as do certain retailers. In the San Francisco area, car safety seats are available for short-term lease from U-Haul, Lullaby Lane (588-7644), and Such A Business (431-1703). If you are a San Francisco resident and want to rent a seat for yourself or guest, the Public Health Department offers an inexpensive solution for short term lease (call 558-2403 for details).

Of course, like your own, a rented car seat must be used properly: an infant (up to 9 months or 20 pounds) MUST be in its seat facing the rear of the car, the harness must fit snugly and the automobile's seat belt must be adjusted to hold the seat tightly and to prevent the seat from moving.

Car safety seats have become a part of many lives. They appear in VWs and Volvos. They are given as shower gifts. And they save lives. On a trip or at home, don't kid around--use a car safety seat every time you're in the car.

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Bernal Heights Senior Program

Senior News

Summer Festival 1988

Saturday, August 13th, 10:00 am - 6:00 pm

Bernal Heights Senior Program Hosts Neighborhood Festival

Mark your calendars for Saturday, August 13, 1988 from 10:00 am to 6:00 pm for the Bernal Heights Senior Program's Summer Festival! The Senior Program is inviting all Bernal Heights neighbors and all others to attend this day of food, fun, games, and more! Come and have lunch at our Snack Bar or try your luck at a game booth. You can find wonderful bargains at our White Elephant Table or win a beautiful handcrafted quilt at our Arts & Crafts Booth. There will be a special Bingo Game and a Dime Toss. Have your face painted by our festival clown! Show off your baking skills in our Baking Contest where there will be prizes for the best bakers! Admission is free and the games are only a dime! The Summer Festival will be held in The Bernal Heights Neighborhood Center at 515 Cortland Avenue. Call 648-0330 for more information. Come and join the fun!!!

Bernal Heights Senior Program

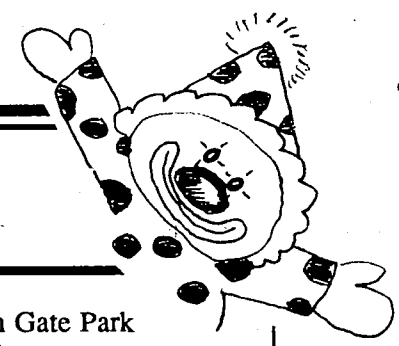
Van Outings for August & September

The Bernal Heights Senior Program will continue taking senior citizens to Golden Gate Park to enjoy the 1988 Festival of Performing Arts. Many excellent and diverse Bay Area performing artists provide the finest in free entertainment in the Bandshell. Come and enjoy the festival's musicians, dancers and entertainers with the Senior Program! The festival is organized through City Celebration, a nonprofit organization that encourages the showcasing of the ethnic arts and developing increased employment opportunity for artists, and providing access to the performing arts for low income, elderly and handicapped people. Also highlighting August's Van Outings is the Golden Gate Ferry boat ride to Sausalito, where our seniors pay only a dime for a roundtrip! These van outings are made possible through the generosity of St. Kevin's Church who lends the van to the Senior Program at no charge. To sign up, visit the Senior Program at the Bernal Heights Neighborhood Center, 515 Cortland Avenue or call 648-0330.

THURSDAY **8/4 Free!** 12:45 - 3:30	**Festival of Performing Arts** G.G. Park	**Back Up & Push** - Swing & Country **Sharlyn & Mimi & Vince** Middle Eastern Dane & Music
THURSDAY **8/18**	**G.G. Ferry Boat** to Sausalito	Enjoy the beautiful ferry ride to Sausalito! 9:45 am - 3:30 pm. Roundtrip is only a dime!
THURSDAY **8/25 Free!** 12:45 - 3:30	**Festival of Performing Arts** G.G. Park	**Spoolie Sisters**Jazz vocals & nostalgic fun **New Asia Dance Company** Intergenrational & international
THURSDAY **9/1 Free!** 12:45 - 3:30	**Festival of Performing Arts** G.G. Park	**Isabel Yrigoyen** - Latin American Song **Steve Seskin** - Songwriter **Unbound Spirit** - Modern & Traditional Asian Dance
Thursday **9/8 Free!** 12:45 - 3:30	**Festival of Performing Arts** G.G. Park	**Musical Theatre Lovers United** - Rodgers-Gershwin-Berlin sing-a-long **Golden Bough** - Celtic Trio **S.F. Moving Company** - Modern Dance.
Thursday **9:45 - 1:00**	**4th Annual Bay To Breakfast Senior Walk**	**Walk, breakfast & prizes!** Entertainment by City Celebration.

The Bernal Heights Senior Program Presents:

Summer Festival 1988



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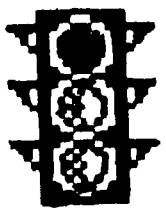

Reflections on a Traffic Meeting

by Sister Janet Simons

When an ordinary person takes the time to come and express their concerns in public, it is a sure sign that the issue is important and affects many others as well.

Twenty-five persons came to a meeting last month at the Neighborhood Center on Cortland to express concerns relating to the problems of speeding cars on Richland; the numerous accidents and crossing problems at Folsom and Cortland Avenue as well as at Nevada, Anderson and Jarboe; and the need for a one-way street on Bennington.

Persons gathered at the meeting to express a need for stop signs and one-way streets received a surprise: officials don't count ALL accidents when trying to assess a dangerous location—only those accidents which involve an injury. Facial expressions made it clear what everyone felt about the unreasonableness of a law that waits until human beings are injured before steps are taken to correct a dangerous problem.

More disturbing are the politics involved in getting the Board of Supervisors to approve a stop sign request even when there is proper documentation. It can be done and has been done; but very few people like playing political games. Still, this being an election year some of the Board of Supervisors can be lobbied and will be more agreeable to passing a stop-sign proposal because they want to be re-elected. So the game will be played. Strategies are in the making. Some new petitions have been started. We are in need of more accident reports that can be counted.

A big thanks to all who came. A follow-up meeting is planned for September 15 at 7:30 in the Bernal Neighborhood Center. All are invited to come and voice your concerns.

Art On The Hill

Bernal Heights Artists Show Their Stuff

The hill will be alive with the sounds of music, poetry and the sights of paintings and photography this summer as The Deli-Pub invites Bernal Heights artists to present and share their works. Highlighting the summer will be a joint effort by Bernal photographers presenting their photographic images of the neighborhood. Ziad Yaish has been working to bring the community's artists together through regular poetry readings, music presentations and painting and photography exhibits at his deli. An organizational meeting to form a Bernal Heights artists' guild will be held at 301 Cortland on Wednesday, August 17, 1988 at 8:00 pm. Discussions and plans for upcoming shows and workshops throughout Bernal Heights will be discussed. For more information call Vicki at 648-0330 or Ziad at 285-1631.

Bernal Heights Artists' Guild Calendar

Bernal Artists Meeting	Wed, August 17 8:00 pm
Paintings by Vicki Victoria	Through August Opening: Wed., August 10 8:00 pm - 10:00 pm featuring poetry readings and music by local artists
Bernal Heights Exhibit	Images of the Bernal Photo Heights Neighborhood created by Bernal photographers.

All exhibits and meetings will be held at 301 Cortland.

At My Best

I'm a Negro at my best,
Always steady, awaiting my rest,
George Washington Carver was a Negro.
Fredrick Douglas was a Negro.
Yes, I was a Negro at my best.

was a Black man in the sixties,
Belligerent and strong,
But couldn't stay on the course too long.

Crack, smack and pot came
And made me a Nigger all over again.
*Without pride, **Class**, I could not comprehend.*

I knew I was a Negro at my best,
Steady, courageous and strong.

Fanny Lou was a Negro
Barbara Jordan, Martin Luther, the list goes on.
Yes, I was a Negro at my best

I sit sad, now, looking at my mess,
Wondering how I could get back
and be a Negro at my best.

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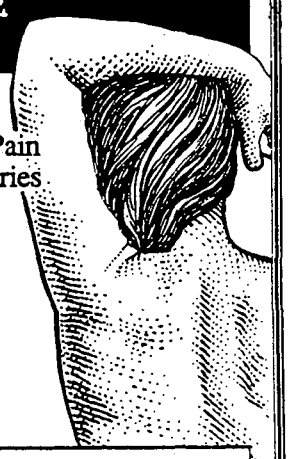
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WHERE'S THE BERNAL JOURNAL "PAPERBOY"?

by E. Dizon

Biking up and down streets carrying a bag of rolled-up, rubber-banded Chronicles or Examiners, the lone paperboy skillfully tosses a newspaper onto a customer's doorstep. Everyone knows of this paperboy, but has anyone ever seen a *Bernal Journal* "paperboy". Does one exist?

The answer is no, sort of. The *Bernal Journal* doesn't just have boys to deliver its newspapers. It has a staff of men, women, and girls also. These people are known as the *Bernal Journal Distribution Crew*.

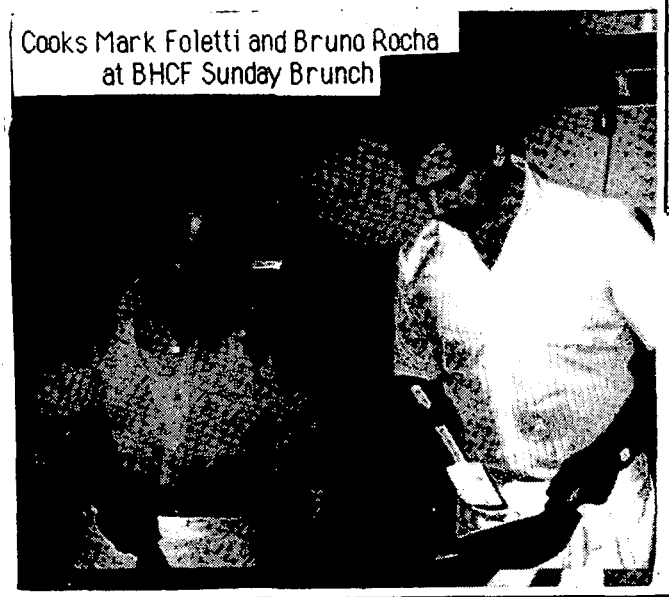
The *B.J. Distribution Crew* is a group of volunteers who hand deliver the *BJ* right to a resident's front door. This is done one weekend every two months each time an issue comes out.

Since December 1987, the main coordinators of the distribution network are Diane Ross and Steve Antonaros, two members of the BHCF Outreach Committee. The rest of the crew is divided into five groups according to the five different regions of Bernal, each headed by one or two Region Captains.

On the actual day of distribution, eight thousand copies of the *Bernal Journal* are brought to the Bernal Heights Community Foundation building at 515 Cortland Avenue. Here, Diane and Steve sit among stacks of newspapers waiting for 10:00 A.M. to strike. This is the time the region captains come to pick up their stacks of newspapers. The captains will then give a bundle to each of the volunteers in his or her region. The volunteers in turn do the actual door-to-door delivery of the newspaper to 6,500 households of Bernal Heights. Other stacks are sent directly to local merchants who make them available to people at their places of business.

Of course the distribution crew is not perfect and sometimes a house could be missed. If you are not getting your *Bernal Journal*, please contact Diane Ross at 285-2981. Leave your name, address, and both cross streets, and she will see to it that you receive your newspaper next time.

If you would like to be a part of the *Bernal Journal Distribution Crew* or would like to say a couple words of appreciation or praise, call the same number or the *BJ* office at 415-648-0330.



Cooks Mark Foletti and Bruno Rocha at BHCF Sunday Brunch

Bernal Welcomes New Social Service Chief

by Gerald Whitehead

Julia Lopez, Mayor Art Agnos' new general manager of the San Francisco Department of Social Services, has chosen Bernal Heights as her new neighborhood, moving here from Sacramento. The Mayor persuaded Lopez to leave her state government position to take over as San Francisco's welfare chief, a position which has been vacant since the resignation 18 months ago of Edwin Sarsfield. She will oversee 1,200 employees and a $200 million budget.

Lopez is the daughter of a former President of Columbia. She attended college in New England, and earned her graduate degree in public policy at the University of California at Berkeley. She became a U.S. citizen in 1983.

During her public service career, Lopez has held high positions with the governor of New Mexico and the California Legislature. Known as a bright and hard-working administrator, Lopez has indicated she intends to focus on service at the Department of Social Services.

Welcome to Bernal Heights, Julia!

Jessica Murray's

Astro-rap

Clearly something big is happening in 1988, a year astrologers have been writing about for centuries. This year has been a critical stage in a several-decade-long process which accompanies the transition of one millennium to the next, a period during which major upsets in the social fabric are inevitable. Nancy Reagan's unwitting exposure of astrology will be seen in retrospect to be as devastating to this country's belief systems as the Wall Street Crass has been.

One of the things that make 1988 so unusual is the succession of retrogradations that bedevil us from February through December. These are cycles of apparent backward movement which all planets dip into occasionally. For a celestial body to be moving the opposite way—from Earth's point of view—along the zodiac changes its impact upon us psychologically and actually. And we have all eight planets up there doing this roundabout during 1988, through not all at once.

Mercury Retrograde is the most commonly recognized of these stations as they are called. These is the planet that governs communications, transportation and local travel. When Mercury turns around, these processes are turned around: the planets energies are drawn inward instead of outward so that it becomes more difficult to conduct business as usual. From Feb. 1st to 23rd of this year and again from May 31st to June 24th Mercury was retrograde, asking us to use our minds in a different way, a less linear way. The logical way of thinking is in a sense inappropriate during these time periods, and thus individuals and institutions which relay on it get frustrated.

People with a lot of gemini or virgo in their charts may be the ones who feel the most put out by Mercury retrograde, for they are likely to be highly analytical. Those with Mercury in a water sign, on the other hand, may well feel more at home under this influence, because they are used to thinking intuitively. Information that comes your way must process itself as if it were, under Mercury retrograde. The third and last such period of 1988 takes place from Sept. 28th through October 19th.

Mars goes retrograde on August 26th and will not straighten out again until October 27th. This period will be toughest for Type A individuals unless they can cultivate a detached attitude towards their accomplishments.

More on retrograding cycles next issue. Happy Indian Summer!

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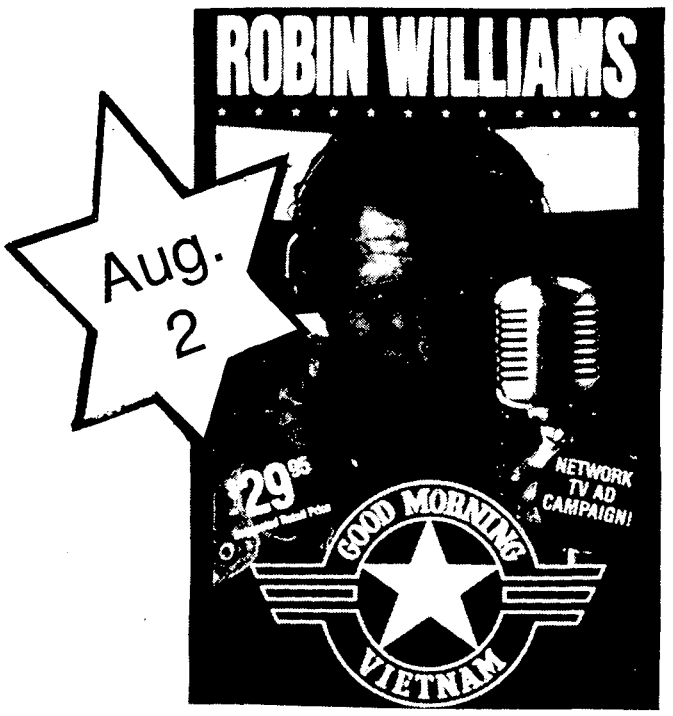

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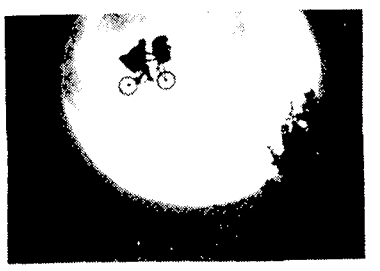

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